
CURRICULUM VITAE**KLÁRA GAJDUŠKOVÁ**

**Mgr. Klára Gajdušková,
MA**

Profile

As a psychologist and psychotherapist I deal primarily with clients from the corporate world (businessmen, top managers, lawyers, bankers, real estate agents, IT experts, entrepreneurs etc.) and with their adult family members. My job is not to judge or to give an advice. My job is to listen and raise questions. Rule number one is trust, absolute confidentiality and respect to my clients and their life attitudes.

Clients come to see me usually for one or more of the following issues:

Mood disorders (mainly depression, bipolar and their variations), Anxiety Disorders (social, panic, phobia ...) and Personality Disorders of various kinds. Clients also see me for mid-life crisis, family crisis, crisis in a relationship, emotional suffering, burnout syndrome, low self-esteem etc.

Qualification

Clinical Psychology Counseling at La Salle University in Philadelphia, PA, USA (approved by Masaryk University in Brno) (grad.2014).

Courses and trainings

PVSPS, Prague, CZ, Self-experience five year therapeutic dasein-analytical training (finished 06/2018)

Coaching Center Prague, CZ: Coaching course certified by International Coach Federation (finished 06/2015)

Beck Institute, Philadelphia, P.A., USA, Personality Disorders Treatment (finished 03/2015)

Beck Institute, Philadelphia, P.A., USA, Anxiety Disorders Treatment (finished 02/2015)

Beck Institute, Philadelphia, P.A., USA, Depression and Suicidalities Treatment (finished 09/2014)

Internships and Practicums

SANANIM (2013, 2016, 2017)

Psychiatric Center in Prague (04-07/2014)

National Institute for Mental Health (01-11/2015)
